

## **4.1.2 Availability of Adequate facilities for cultural activities, sports (indoor outdoor) , gymnasium, yoga centre etc.**

Pydah college of Engineering was established in 2009. It is affiliated to Jawaharlal Nehru Technological University, Kakinada. Pydah enhanced its helping hands in the form of charity to all the needy ones. It helps out the pupil who hails from interior places also who are unaffordable to continue education, can be encouraged for being like a big aid.

### **Sports Facilities:**

PYDAH has adequate sports facilities for indoor and outdoor games. PYDAH appointed three well experienced Physical Trainers to train students in indoor and outdoor games. Pydah consists of well established sports room with table tennis, chess, and caroms etc.

### **NCC:**

NCC training is given to the student right from 1<sup>st</sup> year onwards. A separate room is allotted for conducting various discussions. This wing contains an autonomous body where they use to plan different NCC camps across the country. The best deserved cadets honored with medals and certificates by the concerned department on 15<sup>th</sup> August and 26<sup>th</sup> January every year.

### **Cultural Activities:**

In PYDAH cultural activities are being conducted as per the event grandeur either in seminar halls or in the open auditorium. Various cultural and sports events like Pydah Kranthi, Wings, WOW etc., were held every year in campus.

### **Gymnasium and Yoga centre:**

Pydah Yoga centre and Gym is a shared space for students and faculty to improve their physical and mental health. The centre combines traditional yoga practices with modern fitness equipment to offer effective solutions. The yoga centre offers classes focused on flexibility, balance stress reduction and mindfulness, while the gym offers strength, cardiovascular and total body training. Such facilities are important in an academic environment where a busy work schedule can lead to stress and negative attitudes.

  
**PRINCIPAL**  
**PYDAH COLLEGE OF ENGINEERING**  
**PATAVALA, YANAM ROAD, KAKINADA**



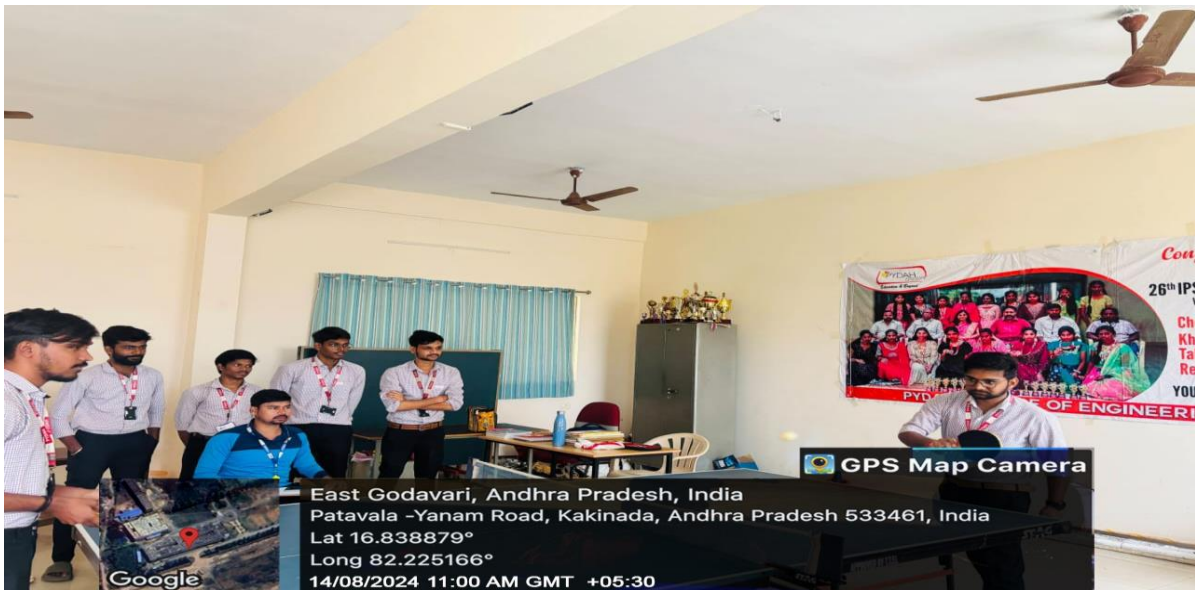
**NCC parade for Independence Day**



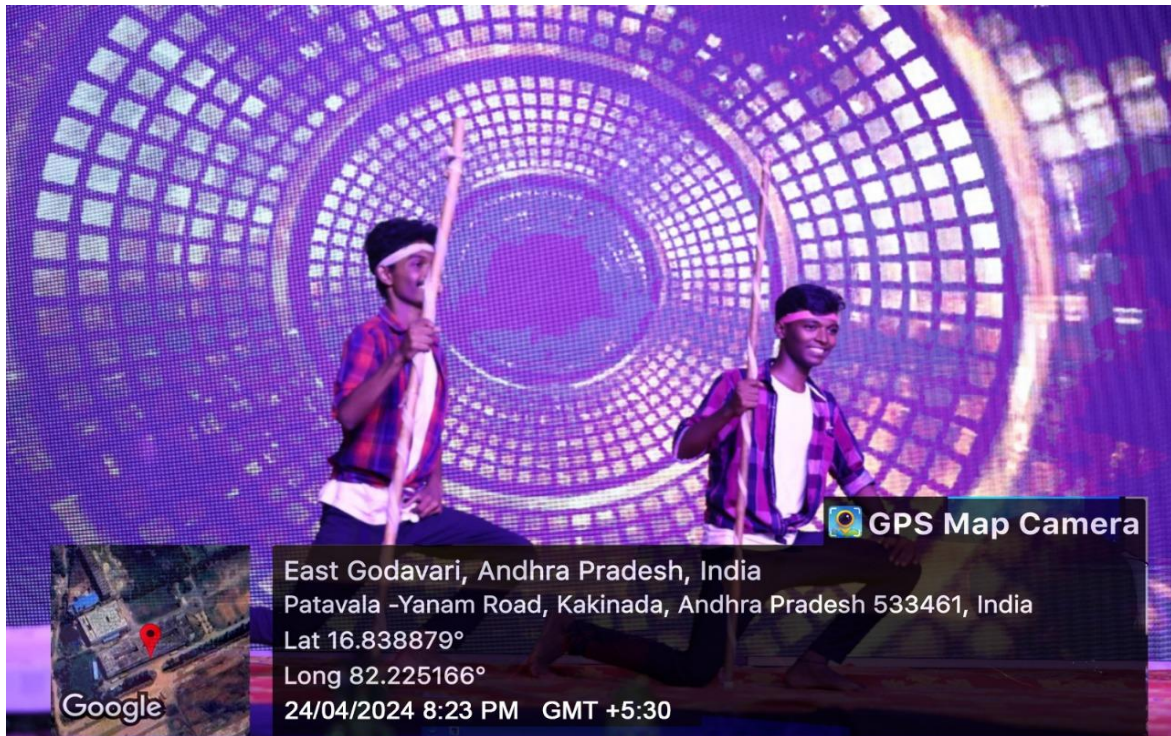
**Outdoor games**



Outdoor games



Indoor games



**Cultural performance**



**Students practicing yoga in Pydah**

# PYDAH COLLEGE OF ENGINEERING

(Approved by AICTE, New Delhi and Affiliated to JNTUK, Kakinada)  
YANAM ROAD, PATAVALA KAKINADA, 533461, E.G.Dist,



**NCC Room**